



School of KidsMin Worksheet

Cultivating Faith Formation Around the Table

“As we gather around the table, we’re able to create authentic relationships with each other.”

God’s Word shows us the importance of gathering around the table:

- Jesus turning water into wine, the last supper, etc.

Research shows the importance of gathering around the table:

- Lower rates of _____ and _____
- Prevent issues like _____, _____ and _____
- Reduced rates of _____
- Improved _____ performance
- Boosts _____
- Higher rates of _____

How do we connect around the table?

- 1) _____ Around the Table
 - Take an active role in helping your children _____ around the table (e.g. homeschooling, help with homework, projects)
- 2) _____ Around the Table
 - Have fun, laugh and enjoy playing together
 - E.g. boardgames, play doh, drawing, etc.
- 3) _____ Around the Table
 - The table is a great place to establish _____
 - E.g. Advent readings, birthdays, Lent or other special time of the year
- 4) _____ Around the Table
 - Take time to be _____ with whoever is at your table
 - Ask meaningful questions
 - What is God teaching you this week?
 - What are you grateful for today?
 - Play word games together

- E.g. “Would You Rather?”, “20 questions”
- Turn off _____ or other screens
- Look each other in the eyes, pay attention to the things you’re saying, ask important questions about is being said and care enough to want to know how they’re doing
- Don’t _____ away.
- Read the _____ or family devotional
- Spend time in _____. Pray for each other, your city, your country, the world and praise the Lord!
- Sing praises together with instrumental worship

Only _____ of families eat supper together.

- What is your next step?
- How can you connect around the table as a family?

Resources:

Children's Ministry Basics Blog childrensministrybasics.com

Notes