

# Quick Minute Question Discussion Guide

For family or children's ministry  
(in person or over zoom)



## Ask

Why did God create humans?

## Watch Video

<https://www.youtube.com/watch?v=tcd8qU17e8Q&t=69s>

## Read

Psalm 139:13-18

\*MEMORY VERSE: Psalm 139:13

## Say

The Bible says that God created each of us, "He put us together inside our mother's body." Why did God create us? God created us, because God is the Creator, and God is love. This means that we were created so that God can love us, and so we could choose to love God!

Jesus said, "Love the Lord your God with all your heart, soul, and mind ... and love others as much as you love yourself" Matthew 22:36-39.

## Question

How can you love God with your heart? What does this mean? (*emotions, attitude, expressing thanks to God etc.*)

How can you love God with your soul? What does this mean? (*Ask Jesus to come into your life, make Jesus number 1, learn to listen to Jesus in His Word*).

How can you love God with your mind? What does this mean? (*thoughts, actions and words*).

## Activity

Ask the children what their favorite thing to do is. Then ask how can they love God when doing this. Challenge them to try it out in the week ahead.  
*eg. If it's painting maybe they paint a Bible story and then give it to someone.*

## Game (Optional)

"Blindfold Masterpiece!"

With a blindfold on, children must try and draw themselves on a piece of paper in 2 minutes. Share and laugh, and remind them how God carefully took the time to create each one of them in love!