

# Quick Minute Question Discussion Guide

For family or children's ministry  
(in person or over zoom)



## Ask

Why do people suffer?

## Watch Video

[https://www.youtube.com/watch?v=q7x\\_UGBY9dA&t=70s](https://www.youtube.com/watch?v=q7x_UGBY9dA&t=70s)

## Read

James 1:2-4

## Say

The Bible tells us that suffering comes from sin and its effect on the world (Genesis 3:13-19). Each of us have gone against God (we have rebelled) (Romans 3:10-12). Our rebellion means that the world is not perfect and evil exists (death, sadness, pain, hard times, etc.) The good news is that God is good and one day He will make everything right again (Revelation 21:4). Therefore, in this life when we have hardship, we can remember that God is in control and He will comfort us when we call out to Him (Psalm 145:18).

## Question

According to James 1:2-4, what can happen when we go through a tough time? *We can develop perseverance and strength of character.*

Has there been a hard time for you before? How did God help you? *Consider sharing the story of how God comforted you.*

How do we know that God can relate to our pain and suffering? *Because Jesus suffered on our behalf when He died on the cross (Hebrews 4:15).*

## Activity/Game

"WHAT IS IT?"

- Go to this link to play: <https://jeopardylabs.com/play/zoomed-in-picture-guessing-game>
- Have children guess what the zoomed in picture is.
- Lesson: *We only see our life 'zoomed in', God sees our whole life 'zoomed out' (from beginning to end). We can trust in God to do what is best for us, even when we have to go through suffering or challenges (Romans 8:28).*